

<b>6.5 Mile</b>	<b>DISTANCE (miles)</b>
Road Runner Sports	<b>0.0</b>
Right onto Northeast 24th Street	<b>0.2</b>
Right onto SR 520 Trail	<b>0.5</b>
Proceed onto SR 520 Trail	<b>0.5</b>
Turn Left at the Cash and Carry – there is a trail there	<b>1.4</b>
Continue on 136th Place Northeast	<b>1.5</b>
Left onto Northeast 24th Street	<b>1.6</b>
Right onto 134th Avenue Northeast	<b>1.9</b>
134 <sup>th</sup> turns into Northeast 40th Street at the bend	<b>2.9</b>
Take Left off 40 <sup>th</sup> to 132 <sup>nd</sup> Ave (not 132nd NE)	<b>3.0</b>
Bridal Trail entrance is left of the "Parkside" sign.	<b>3.0</b>
Enter park, go straight, turn left at the "T" in the trail	<b>3.1</b>
Turn Right on to Coyote Trail	<b>3.3</b>
Stay left at BOTH Y's in the trail, 2 <sup>nd</sup> one veers off Coyote	<b>3.3</b>
Run on unnamed trail until Trillium Trail	<b>3.6</b>
Take a left on Trillium Trail	<b>4.0</b>
Continue on Trillium until the parking lot	<b>4.3</b>
Left on 116th Avenue Northeast after exiting the parking lot	<b>4.5</b>
Left onto Northup Way	<b>6.1</b>
Arrive at Finish	<b>6.5</b>